

Suicide Risk Factors Summary

Patient Name: _____ Date: _____

| PERSONAL FACTORS | SYMPTOMS | CLINICAL PRESENTATION |
|--|---|--|
| Male gender | Depression | Recent use of substances |
| Past suicide attempt | Feelings of hopelessness | Suicidal ideation |
| Youth (age 15–35) and the elderly (age >65) | Feelings of worthlessness | Suicidal intent |
| Family history of suicide | Anhedonia (inability to experience pleasure) | Suicidal plan |
| Psychiatric illness | Severe anxiety/panic attacks | Access to a lethal means |
| Chronic medical illness | Agitation, anger, impulsivity | Past suicidal behavior |
| Substance use disorder | Psychosis (particularly dangerous command hallucinations) | Current situation, circumstance, or problem seems unsolvable |
| Poor social supports, isolation, problematic environment | | Severe socio-cultural-familial stress, perceived or threatened interpersonal loss or humiliation |
| Abuse: psychological, sexual, physical, emotional | | |

Indicate risk factors followed by patient's description of risk factors.

| | YES | NO |
|--|-----|----|
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Notes: _____
