

From *Rapid Response Guide to Opioid Emergencies*,
by Greg Clarkes (Edmonton: Brush Education Inc., 2020).

To assist a person in crisis

1. Assess level of consciousness.
2. If unresponsive, open the airway.
3. Clear the mouth.
4. Assess breathing and pulse.
5. No pulse: start CPR (30 chest compressions per 2 ventilations, or 30:2).
6. Pulse, but inadequate breathing: start rescue ventilations (1 per 5 to 6 seconds).
7. Administer naloxone.
8. Administer more naloxone as needed.
9. Continued unconsciousness: rule out other reasons.
10. Watch for symptoms of mixed overdose.

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